



LEAP™

**INFORMATION
PACKET**

LEAP week:

July 22-28, 2018 ● UCLA ● Los Angeles, CA



Summer is Right Around the Corner!

We want you to be as prepared as possible for your once-in-a-lifetime LEAP experience! This information packet will brief you on the key details from beginning to end that will help you understand and get pumped for this year's LEAP Leadership Program.



Why Students Choose LEAP

LEAP is an inspiring and engaging opportunity like no other. Get a jumpstart on your future while experiencing the summer of a lifetime!

For nearly a decade, LEAP has run a motivational summer program for young adults, aged 15 to 24, at the prestigious UCLA campus in Los Angeles, CA. The nonprofit organization has provided high school and



college students as well as young professionals with the knowledge, skill-set and tools to achieve success in their personal and professional lives. Every LEAP student or young adult leaves our excitement-packed program with a lifelong support group of peers and mentors, the structure and motivation to achieve goals and advanced knowledge to help them succeed in any career field.

What You Can Expect



Upon arrival on **Day 1**, students will be welcomed by our **60 member coaching staff**, all of whom have graduated from LEAP's leadership program and gone on to achieve incredible goals using LEAP's principles. Students will receive a tour of the **UCLA campus** and check into their respective **dorms** where they will be staying and living for the duration of the program.

While attending this summer program with almost **400 other students**, participants foster a sense of community and build a long lasting network as they experience the program with their **small group of 8-10** students led by one of LEAP's accomplished coaches. **Small groups** will meet multiple times throughout the day to talk about the content they are learning and to reflect on their experience. This prepares them to work with different individuals, support each other's goals and hone the skills crucial for success. Not to mention, these small groups will help create strong bonds and friendships that last a lifetime!

All LEAP students will gather together to sit across from **celebrity guests** who share their inspiring stories on how they achieved success in their lives.





Past Speakers



Paul Ohno



Paula Abdul



Eva Longoria



Michael Strahan

Schedule

Whether you're an aspiring college student in our high school program or someone entering the workforce in our college program, the principles of success you learn at LEAP cannot compare to what you find in the classroom. The fundamentals students learn throughout the week make this a new chapter in their lives. There is no other experience that lets you grow professionally, personally and academically while enjoying every moment of summer other than the LEAP Leadership program.

Sample Schedule from the 2015 LEAP Leadership Program



Example schedule from 2015

Day 1:

11:00 - 3:00	Registration	
3:00 - 4:30	Welcome / Introduction (Topics: attitude, self-talk)	Mastering communication to work more effectively with others
4:30 - 5:30	Introduction of Co-Founder & Maximize Potential	
5:30 - 6:30	Team Meeting & Ice Breaker	
6:30 - 8:00	Dinner	
8:00 - 9:00	DISC Personality Profiles	
9:00 - 9:30	How to Apply DISC	
9:30 - 10:00	Celebrity Speaker -TBD	Former speakers: Eric Garcetti, Paula Abdul, and Apolo Ohno
9:30 - 10:00	Team Meeting (Debrief Day's Activities)	

Day 2:

7:00 - 8:15	Breakfast	
8:30 - 10:00	Leadership Starts With You: Jonathan Sprinkles	"The Connection Coach" Jonathan is one of the most sought after speakers on the college circuit
10:00 - 11:30	Core Values & Goals	
11:30 - 12:00	Team Meeting	
12:00 - 1:15	Lunch	
1:15 - 2:30	Time Management	
2:30 - 4:00	Free Time	
4:00 - 5:30	Treasure Map Workshop (Visualizing Goals), <i>High School Group</i>	
4:00 - 5:30	Networking and Relationship Building, <i>Young Adult Group</i>	
5:30 - 6:30	Mastermind	
6:30 - 7:30	Dinner	
7:30 - 8:30	South African Scholars	LEAP's Founder, Dentist from hit show <i>The Doctors</i> , successful entrepreneur
8:30 - 10:00	100 Year Lifestyle (Dr Bill Dorfman)	
10:00 - 11:00	Team Meeting (Debrief Day's Activities)	



Our Exclusively Designed Curriculum

LEAP has 2 unique programs with curriculum that can't be found in your average academic environment. The LEAP curriculum is developed by leaders who teach youth proven processes of achieving success in these areas:

- Communicating and working effectively with different personality types
- Visualizing and setting achievable goals
- Finding, acquiring and cultivating great mentors and peers through networking
- Build confidence to erase fear, self-doubt and limits while building success in personal and professional life

Both the high school and young adult program conclude with the mentor workshop, where LEAP students meet and network with over 100 professional mentors from different walks of life. Students consider this part of the program to be life changing as they really hear first-hand what it takes to achieve their dream job.

LEAP's core curriculum helps students master how to:

- Successfully set and accomplish personal, academic and professional goals with a motivated mindset
- Place themselves ahead of peers and competitors with knowledge from workshops and seminars
- Find the right tools and systems to identify and excel in their respective educational or professional endeavors
- Build financial literacy to make the best choices regarding their money
- Acquire the skills and confidence to approach and network with even the most intimidating individuals
- Find the perfect mentor who can help achieve success
- Communicate effectively and make an unforgettable impression by speaking with impact
- Build a powerful portfolio for multiple uses such as colleges, internships, scholarships or jobs



Which program is right for you?

The High School LEAP Leadership Program

- Designed for all students entering grades 9, 10, 11 & 12 looking to excel in high school
- Program focuses on equipping students with the confidence, skill, motivation and resources to maximize their success in high school and college
- Fully prepares students to have the best GPA, resume and course of study in high school by the time college applications open
- Students in this program experience LEAP with their small groups led by a LEAP alumni mentor in college. Students are able to see first hand how their mentors achieved success using the same lessons and tools in this program
- Workshops and mentors will help students grasp classroom concepts such as study habits and presentation skills as well as those that will help in the college application process such as written communication skills or involvement in the most outstanding extracurriculars

The Young Adult LEAP Leadership Program

- Designed for all 18 to 25 year olds who are eager and ready to get ahead in their professional and academic lives
- Program focuses on guiding students and aspiring young professionals through the process of graduating with the best possible GPA, resume and internship experience before entering the real world
- Prepares students on landing their dream job through curriculum focusing on interview and speaking skills, networking, getting experience and standing out from other competitors
- Students in this program will experience LEAP with their small groups led by a LEAP alumni mentor who is a college graduate/young professional in the workforce. Students see how these mentors were able to go through college and achieve success beyond as an influential leader
- Mentors help in answering any daunting or confusing questions about the college journey and preparing for the real world



Testimonials

“The tools I learned at LEAP and the friends and mentors I met during the program have played a huge role in what I’ve been able to accomplish in the years since. This program is a game changer.”

-Holly Ransom (Melbourne, Australia)

Using LEAP’s goal setting technique, Holly was named one of the 100 most influential women in Australia and was chair of the G20 Youth Summit. Holly was named one of the 100 Most Influential Australian Women in 2012.



“LEAP helped me to identify my skills, set fire to my passions, and LEAP into personal greatness.”

-Marti Reed (Long Beach, California)

After LEAP, Marti found her passion and landed her dream job as a Partnership Manager at Positive Coaching Alliance.

“The LEAP experience is truly amazing! Both of my children have attended LEAP, and it gave my kids the skills they needed to formulate their vision, achieve their goals, and to become successful young adults.”

-Dr. Laura Kelly with children Kaitlin and Connor (LEAP Alumni)

LEAP principles helped Kaitlin attend UC Berkeley and secure a job at Genentech, and Connor is an EMT on track to achieve his goal of becoming a firefighter.





FAQ

What is the cost of tuition and what does it include?

The cost to attend LEAP is \$3,297. There is a \$750 discount while space is available. **You can secure your seat with a \$299 fully refundable deposit.**

Tuition includes: accommodation in a UCLA dorm room with daily housekeeping service, a towel, toiletries, meals in campus dining halls, transportation to/from LAX and LEAP program curriculum. *Airfare or any other travel fare is not included in this price.*

How do I enroll?

You can enroll online at www.leapfoundation.com/enroll-now or call the LEAP team at 877-855-5327 .

When and where is the program?

LEAP takes place at the University of California Los Angeles (UCLA) from July 23-29, 2017.

How does my student arrive at UCLA for the LEAP program?

If flying into LAX, your student will be greeted by a member of our 60-person coaching staff at the airport and shuttled to UCLA at no additional cost. Each participant is sent a green LEAP t-shirt to wear on Day 1, in the mail, prior to the program so our LEAPers are easy to spot at LAX

Where do participants stay?

All participants stay in dorms located on the UCLA campus with a roommate of their same gender and age/grade. LEAP coaches stay on each floor as well to supervise and ensure participants are safe at all hours.

Do students get free time?

Yes, participants have many choices of activities on campus during free time at LEAP. Participants can work out, read, relax, swim or visit the UCLA store daily.